

The Veterans Voice

SPRING 2003



Completion of 100-Bed Facility Addition Scheduled for Summer 2003

The New Hampshire Veterans Home is focusing its efforts on transitional planning in preparation for the opening of a 100-bed facility addition that is currently scheduled for Summer 2003. The new addition is a state-of-the-art facility that is dedicated to addressing the unique needs of residents with Alzheimer's disease and other memory impairment disorders that are collectively referred to as dementia. Designed with a focus on both the individual and collective needs of residents in equivalent stages of dementia, the addition will be divided into small, independent neighborhoods ranging in size from fourteen to twenty-two beds per unit.

Each neighborhood will also have its own dining and recreation areas as well as country kitchens that will enable residents to more fully participate in social activities. The neighborhood concept will provide our residents who suffer from dementia with the highest level of safety, familiarity and activity while ensuring that their long-term health care needs are fully addressed. For admissions inquiries regarding long-term nursing care and/or dementia specific care, please contact Jean Clarenbach or Ellen Douville at (603) 286-4412.



New Hampshire Veterans Home - 100-bed facility addition serving the needs of Residents with Alzheimer's and other related dementia.

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Meet our Deputy Director

As the New Hampshire Veterans Home continues to expand to meet the needs of veterans of the Granite State, the duties of our Deputy Director, Edward Colby become increasingly varied and important. As Deputy Director, Ed assists Commandant Barry Conway in the overall administration of NHVH.



Deputy Director Edward Colby joins in the St. Patrick's Day celebrations at NHVH.

Ed joined the New Hampshire Veterans Home in June 1993 as the Business Administrator and worked in this position for over 9 years prior to becoming the Deputy Director in 2002. Before joining NHVH, Ed held positions with the Department of Education, New Hampshire Hospital and most recently with the Department of Fish & Game.

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Welcome to Our Home!

The following Residents joined the New Hampshire Veterans Home family as of the dates indicated.

John Goodrich	01/16/03
Alfred Nolet	01/21/03
Helen Szufliski	01/23/03
Walter Dorsey	01/27/03
Paul Quirion	01/30/03
Joseph Wilyznski	02/03/03
Raymond Michaud	02/04/03
Gene Gargano	02/06/03
Joseph Jones	02/10/03
Leonard Hall	02/27/03
Charles Johnston	03/06/03
James Krieger	03/20/03
William Tothill	03/27/03
Merville Rice	04/07/03
Robert Wesson	04/24/03
Wesley Philbrick	04/29/03

Upcoming Events

As part of our ongoing effort to keep you informed of what's happening around NHVH, we would like to advise you of the following upcoming events.

June 2003

On June 14, NHVH welcomes members of the American Legion who will lead our Flag Day Ceremony. We also plan to take advantage of the long awaited summer weather with a variety of cookouts for our Residents.

July 2003

During the month of July, NHVH welcomes the 39th Army Band for a concert that will be held on July 2. On July 12, NHVH will hold its annual Appreciation Day for our supporters.

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Meet our Deputy Director

(Continued from page 2)

As the Business Administrator, Ed gained valuable experience assisting Residents and their families with financial issues and questions related to veteran benefits. Ed appreciates the opportunity to have direct contact with Residents and their families. In an effort to provide our Residents with the most comprehensive assistance, Ed is planning to become a certified veteran service officer. As NHVH continues to expand its services with a 100-bed facility addition that is scheduled for completion this summer, Ed will be ready to assist the new Residents.

Although Ed is not a veteran himself, he fully appreciates the dedication and sacrifice of those who served. Ed's father and brother are both veterans. Ed's late aunt Grace Colby, a nurse who served during World War I, was the first female resident of the New Hampshire Veterans Home. Ms. Colby resided at NHVH during the 1960s.

When Ed is not busy assisting Residents and their families, he enjoys gardening and spending time with friends and family, especially his wife Tammy and their children and grandchildren.

Upcoming Events

(Continued from page 2)

August 2003

We will have our Annual Summer Dance on August 14, 2003. Family and friends are welcome to join us.

NHVH welcomes visitors every day. We are especially glad to see family, friends, volunteers and fellow veterans. Please consult the monthly Activities Calendar for a listing of regularly scheduled recreational events. Additional copies are available by contacting Pat Sleeper, Recreation Department Secretary at (603) 286-4412 ext. 217.



Congressman Jeb Bradley recently visited with Residents of NHVH. Pictured left to right are Congressman Jeb Bradley, Herman Skinner, NHVH Resident and Robert Thomas, President of the NHVH Resident Council.

Staff News and Events

NHVV applauds the efforts of its dedicated staff. The following employee update covers the period from January 1, 2003 through April 30, 2003.

Welcome to our New Employees...

Employee Name	Position	Date of Hire
James Baxley	Food Service Worker II	04/30/03
Christine Bedard	NA Trainee	01/06/03
Vanessa Caldon	Food Service Worker II	01/17/03
Diana Carpenter	NA Trainee	01/03/03
Barbara Evans	RN III	01/22/03
Kellie Gaudet	NA II	01/31/03
Jaimie Horn	Food Service Worker II	04/28/03
Louise Justice	Food Service Worker II	03/21/03
Mindy Normand	Human Resources Assistant	01/10/03
Tina Pantaleo	NA Trainee	02/21/03
Donna Roberge	Food Service Worker II	04/11/03
Graham Robinson	Food Service Worker I	02/28/03
Barbara Sharpe	NA I	02/07/03
Jason Spencer	Building Service Worker II	01/16/03
Thomas St. Jacques	Food Service Worker II	02/21/03
Alex Stockbridge	Food Service Worker II	04/10/03
Betty Trottier	Food Service Worker II	03/31/03
Gladys Wilcox	LPN	01/24/03
George Wilkinson	Facility Services Director	01/13/03

Congratulations to the following Employees on their Promotions...

Employee Name	Position	Date of Promotion
Tammy Beaudet	Cook II	02/03/03
Alice M. Brown	Program Assistant III	01/24/03
Elizabeth Stedman	Social Worker II	01/10/03

Staff News and Events

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Congratulations and Best Wishes to the following employees...

Congratulations to Lisa Perry, Volunteer Coordinator and Recreational Therapy Assistant, who recently completed the Certified Public Supervisor Program. Best wishes to Simone King, Food Service Worker II, who retired on April 24, 2003 after 10 years of dedicated service to NHVH.



Pat Thompson (left) and Beth Benz (right) were among several supporters who joined in congratulating Lisa Perry (center) on her completion of the Certified Public Supervisor Program in January 2003.



Marlyn Cullen, Food Services Director (right) joined Residents and Staff in wishing Simone King (left) a fond farewell and best wishes on her recent retirement after 10 years of service to NHVH.

Board of Managers

The Residents and Staff of the New Hampshire Veterans Home thank the following members of the Board of Managers for their dedicated service and support:

<i>Joseph Vitale, Chairman</i>	(Disabled American Veterans)
<i>David S. Roberts, Secretary</i>	(Marine Corps League)
<i>Donald R. Caron</i>	(Veterans of Foreign Wars)
<i>Elizabeth W. Castricone</i>	(VFW Auxiliary)
<i>Brian Matchett</i>	(Disabled American Veterans, Department Commander)
<i>Thomas R. Murphy</i>	(American Legion)
<i>Eugene Pawlik, Sr.</i>	(Veterans of Foreign Wars, Department Commander)
<i>Dana Welch</i>	(Vietnam Veterans of America)
<i>Robert Wyman</i>	(American Legion, Department Commander)

Supporter Spotlight

Navy Seabee Veterans of America - Lakes Region Island X-4

In this issue of *The Veterans Voice*, we would like to recognize the dedication and generosity of the Navy Seabee Veterans of America. The Seabees were formed on March 5, 1942 as part of the Navy. The Construction Battalions ("C.B.s" - later "Seabees") were created in response to the military's growing need for base construction, primarily in the Pacific theater. The veterans organization known as the Seabees was formed in 1948.

The Residents and Staff of the New Hampshire Veterans Home extend their deepest appreciation to the members of the Lakes Region Island X-4 for their continued support of the "NHVH Benefit Fund". In addition to making several monetary donations for the purchase of medical, recreational and entertainment needs, the Lakes Region Island X-4 members have donated materials as well as their time and talents to a variety of projects at NHVH, including the construction of an arbor and trellis that enable Residents to more fully enjoy the courtyard surroundings.

The Seabees "Can Do" spirit has a positive impact on the quality of life for Residents at the New Hampshire Veterans Home. Commander Bob Fitzgibbons and Past Commander Lenny Szugda continue to inspire others through their actions. The New Hampshire Veterans Home thanks you for your continued support and sends its very best wishes on the 10th Anniversary of Lakes Region Island X-4 chapter.



Members of the Navy Seabee Veterans of America, Lakes Region Island X-4 recently visited the New Hampshire Veterans Home to present a \$2,900 donation to the NHVH Benefit Fund. Pictured left to right are NHVH Commandant Barry Conway, Commander Robert Fitzgibbons, Tilton, NH and Past Commander Leonard Szugda, Nashua, NH.

NHVV Supports our Troops

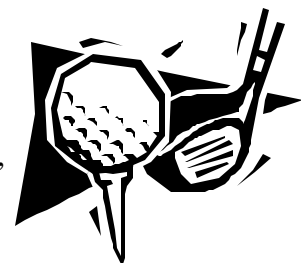
The Residents and Staff of the New Hampshire Veterans Home show their support for our troops currently serving in both Operation Iraqi Freedom and Operation Enduring Freedom. Residents and Staff demonstrated their support in several ways including making and distributing yellow ribbons, acknowledging staff members whose family members are serving in the military and maintaining daily status and casualty reports in the NHVV library. Residents and staff also attended recent support the troops rallies that were held at Veterans Square in downtown Laconia.

Hundreds of local supporters attended the recent rallies and demonstrated their patriotism through a display of flags, signs, songs and marching. *Below left*, supporters gather in Veterans Square and raise their flags in honor of our troops. *Below right*, NHVV Resident Raymond Michaud (far right on trumpet) leads a post rally march through downtown.



Save the Date - NHVV Annual Golf Tournament! September 12, 2003 - Canterbury Woods Country Club

The Fifth Annual "Remember Our Veterans" Golf Tournament has been scheduled for Friday, September 12, 2003 at Canterbury Woods Country Club in Canterbury, New Hampshire. We hope that you will join us for our largest single **FUN**draising event of the year! All donations are tax-deductible and all proceeds will be contributed to the "NHVV Benefit Fund" to support quality of life initiatives for the men and women who bravely defended our freedoms.



Registration opens at 7:30 a.m. with a shotgun start at 8:30 a.m. The entry fee per player is \$100.00 and includes greens fees, cart, refreshments and an awards luncheon. Additional details, sign up sheets and a brochure will be available beginning Monday, June 23, 2003. For additional information and to inquire about sponsorship opportunities, contact Lisa-Marie Mulkern, Public Affairs and Development Director at (603) 286-4412.

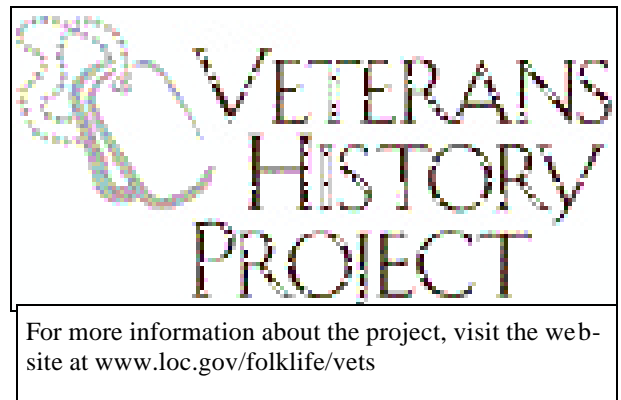
Veterans History Project

On October 27, 2000, the U.S. Congress voted unanimously in favor of the creation of the Veterans History Project through Public Law 106-380. The project recognizes the urgency of collecting war time memories as well as the value of engaging the American public in its own history.

As an official partner in the Veterans History Project, the New Hampshire Veterans Home is continuing to encourage others to become involved in collecting the oral histories of veterans from World War I, World War II and the Korean, Vietnam and Persian Gulf Wars. The term "veterans" means all veterans, men and women, those who served in war and in support of combat operations, all ranks in all branches of service - the Army, Navy, Air Force, Marine Corps and Coast Guard. Every story is important and contributes greatly to the Project's collection of interviews.

As an official partner, NHVH has pledged its participation and is seeking additional volunteer support in the following areas:

- ◆ Endorsing the Veterans History Project and announcing our organization's participation
- ◆ Including information about the project in publications and broadcasts
- ◆ Identifying war veterans, and those who served in support of them, to interview



NHVH has also begun interviewing Residents, volunteers and other supporters. The interviews are conducted in accordance with the guidelines provided at the Veterans History Project website located at www.loc.gov/folklife/vets. In addition to sending their interviews and other materials to the Library of Congress to be preserved for future generations, NHVH also presents each veteran with a duplicate copy of his or her videotaped interview to share with family and friends.

NHVH welcomes volunteers who would like to become involved in the project. In addition to volunteers, we are also seeking donations to help cover the cost of items such as video equipment, tapes, and computer and mailing supplies. To make a project specific donation, please make checks payable to "NHVH Benefit Fund" and reference "Veterans History Project" in your correspondence. Donations may be mailed to New Hampshire Veterans Home, Development Office, PO Box 229, Tilton, NH 03276.

If you would like to get involved in the Project or have additional questions, please contact Lisa-Marie Mulkern at (603) 286-4412 or via e-mail at lmulkern@nhvh.state.nh.us

Volunteers Make a Difference at NHVH

The New Hampshire Veterans Home is grateful for the dedicated support of several volunteers who donate their time and talents to our Residents. Volunteers participate in a variety of activities at NHVH such as special events and holiday celebrations, shopping trips, bingo, library activities, animal-assisted recreational therapy and entertainment.

Residents and Staff sincerely appreciate the assistance of our volunteer staff. In fact, our volunteers are so dedicated and skilled that they are often mistaken as staff members. Visitors often remark, "I thought they worked here!" Ida Harris, our dedicated volunteer receptionist, often encounters this phrase during her four day work week at NHVH. Ida performs a variety of administrative duties at the reception desk. When she is not greeting or directing visitors to their destination, Ida is busy fielding phone calls, relaying messages and assisting Residents with their needs.

Despite this full schedule, Ida still finds time to assist with special events and to encourage others to get involved in volunteering and supporting NHVH. She keeps a watchful eye on the media and is a frequent contributor

to our press clippings and photo files. Ida is an active member of the Disabled American Veterans Auxiliary and American Legion Auxiliary and is a past Member of the NHVH Board of Managers.

On particularly busy days, Ida gladly offers to volunteer overtime! On Wednesdays, Ida takes a day off from her duties at NHVH. However, this is not a day off in the traditional sense. Rather, Ida travels to the VA Medical Center in Manchester to volunteer more of her time in the pharmacy.

The New Hampshire Veterans Home family extends its sincere thanks to Ida and to all of our volunteers who make a difference every day through their dedicated service. Additional volunteers are always welcome. Individuals and organizations who are interested in becoming a part of our volunteer program are encouraged to contact Lisa Perry, Volunteer Coordinator at (603) 286-4412 or via e-mail at lperry@nhvh.state.nh.us



Ida Harris (left) was recently honored for 15 years of service as a volunteer at NHVH. Volunteer Coordinator Lisa Perry (right) presented Ida with a certificate of appreciation signed by Governor Benson



NHVH Resident Irene Tetu (left) consults with Recreation Staff member Linda Tucci and Volunteers Sarah Beaudet and Rob Hill

In Loving Memory

The New Hampshire Veterans Home extends its deepest condolences to the loved ones of the following Residents who recently passed away. We are grateful for the time that they spent with the NHVH family. Their presence will be greatly missed.

Name	Joined NHVH	Departed
Phillip Estabrook	09/06/00	01/01/03
Andrew Laramie	12/10/85	01/06/03
Ralph Stedman	05/17/01	01/06/03
Roland Gill	10/24/00	01/07/03
Albert Byrnes	12/02/97	01/12/03
James Hill	01/31/02	01/17/03
Ernest Cole	12/14/89	01/29/03
Ernest Heinemann	11/24/98	02/01/03
Laurence Benz	10/09/02	02/15/03
Ervin Braley	03/22/01	02/17/03
Thomas Weaver	04/06/95	02/19/03
Harry Bradford	10/09/01	02/26/03
Albert Hoyt	09/14/98	03/26/03
Robert Stanton	07/23/97	04/05/03
Walter Leighton	01/13/03	04/19/03
Robert Avery	04/16/92	04/24/03



The New Hampshire State Flag flies at half-mast in honor of departed Residents at NHVH. Photograph taken by and provided courtesy of Phil Walton, New Hampshire Veterans Home Resident Chaplain.

Friends and Family



NHVV Residents and Volunteers joined in the "Support the Troops" Rally held on March 28, 2003 at Veterans Square in downtown Laconia. Pictured left to right are (front row) Phil Walton and Charles Safford both NHVV Residents and Joanne Berry, NHVV Volunteer (back row) Charles Morgan, NHVV Volunteer Chaplain and Bob Jones, Coordinator -Northeast POW/MIA Network

Members of the Hooksett Players entertained Residents at NHVV recently. Our thanks to the members of the American Legion Auxiliary for sponsoring this event.



The New Hampshire Veterans Home bid farewell to Reverend Donald Shorey who served as NHVV Volunteer Chaplain for nearly four years. Reverend Shorey and his family recently relocated to Massachusetts. Pictured left to right are wife Lisa and daughters Caroline, Abbie, and Elizabeth, sons Adam and Grant and Reverend Shorey.

*Then and Now***A Poem Written by NHVH Resident Charles R. Safford****History Repeats**

We were young once, with many hopes and dreams and things to do.
We had already experienced the lessons a depression can teach, and
then came the terrible Nazi Regime and attack of the Japanese too.

Our lives then changed dramatically as we entered into the fray
To suddenly become a fighting machine to protect our home and
country where our loved ones worked to help, each in her own way.

We experienced the sandy desert of Africa, and Italy with its rainy days.
The unfriendly beaches of France, and Berlin in the Reichland and
the never-to-be forgotten slaughter of six million Jews; not human ways.

At last the war was over. They called us heroes as we reached our homes.
We went to work, raised families, and became part of our communities
and created for ourselves long lasting successes in our respective zones.

Then as in each and all our lives we soon discover we are getting old.
In age we discover that somehow the wisdom of experience comes to
the fore as we observe our surroundings and the modern ways so bold.

Once again a monster looms his head, and Hitler-like, becomes a tyrant.
We watch as this generation faces with such honor that challenge of
today in which our country's youth comes forward in courage vibrant.

We formed a coalition with freedom in mind for others and our own.
Without hesitation we march forward with determination, armed with
weapons and relief to the citizens with caring they have not known.

Returning to them their country to rule as they have hoped and desired.
Living up to our credo; that no peoples should live in oppression and
cruelty without that assurance of what we stand for and have admired.

Yes, in our aged years we find our hearts filled with great admiration.
Returning to our years of youth and joining with them in how and what
they feel as they insure their objective: the deliverance of salvation.

April 9, 2003

***The Veterans Voice* is available online at the NHVH website**

The Veterans Voice invites you to join us online at www.state.nh.us/veterans to read the latest issue of our newsletter. If you would like to receive an e-mail alert when the latest issue of the newsletter is posted, send an e-mail to lmulkern@nhvh.state.nh.us with "Online Newsletter" in the subject header. Please include your name and mailing address so that we may remove you from the regular mailing list.

The Veterans Voice wants to hear your voice! We welcome suggestions on future content from Residents, family, friends and supporters. Should you have a suggestion for a story or if you would like to submit a photo for publication, we would be happy to consider your ideas for an upcoming issue. Please forward your suggestions directly either by e-mail at lmulkern@nhvh.state.nh.us or by sending a letter to Lisa-Marie Mulkern, New Hampshire Veterans Home, PO Box 229, Tilton, NH 03276.

We are especially glad to receive photos depicting our Residents involved in activities at the Home or taking part in a supporter-sponsored outing. If you are submitting a photo for publication, please include the date as well as an identifying caption.



The Dietary Department proves that their creativity extends beyond the culinary arena. Dietary Staff member Florence Davis (left), NHVH Resident Bill Mertens (center) and Mary Murphy, Chef/Supervisor (right) are pictured above with the award winning float in this year's St. Patrick's Day Parade.

Holiday Moments



Above, NHVH Residents Kathleen Shannahan and Walter Moody share their first dance as King and Queen of the Annual Valentine's Day Dance.

Below, Pat Sleeper, Recreation Department Secretary, works behind the scenes to ready the parade route, refreshments and prizes for St. Patrick's Day festivities.



Above, NHVH Residents line the parade route during the Annual St. Patrick's Day celebration. From left to right are Albert Nazer, Ernest Pinard and Oscar Auger.

Below, NHVH Resident Raymond Michaud leads the St. Patrick's Day Parade.



Faces and Places



Transitional planning takes a “hands-on” approach as NHVH staff members evaluate the equipment in the 100-bed facility addition that is currently underway at NHVH. Pictured left to right are Jean Clarenbach, Admissions Coordinator, Jannie Martell, LNA and Holly Cochrane, LNA.

A new recruit begins his pet therapy career at NHVH. Resident Leon Flanders visits with “Eli”, a nine-week old Schnauzer/Bichon Frise mix belonging to staff member Alexia Andre, R.N.C.



At left, Connie Collins, Payroll Officer and Edward Colby, Deputy Director monitor the progress of the 100-bed facility addition during a tour in early March 2003.

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Barry E. Conway, Commandant



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About the Home

The New Hampshire Veterans Home was initially established in Tilton in 1890 as the Soldier's Home for Civil War Veterans. Today, the modern facility in its countryside setting is home to 150 men and women who have served their country and fellow New Hampshire citizens. NHVH is the only long term care facility in the Granite State that is dedicated exclusively to veterans.

As a professional health care provider, NHVH offers a full range of services including residential, medical/dental and nursing care as well as physical/occupational therapy, recreation, and dietetic and social services. Chapel services, exercise groups, arts and crafts, shopping trips, live entertainment and various community outings support residents'

quality of life. NHVH also offers inter-generational programs and animal-assisted recreational therapy. More than 160 staff members work in partnership with volunteers from surrounding communities and numerous veteran service organizations to enrich our residents' lives.

NHVH is currently undergoing a 100-bed nursing care unit expansion that will provide a state-of-the-art facility dedicated for use by veterans with memory impairment conditions such as Alzheimer's. The expansion, scheduled for completion by Summer 2003, will increase NHVH's capacity to 250 beds.

Additional information is available online at our website www.state.nh.us/veterans